

Swim Lesson Registration Form

| Today's Date: | Name of Pa | articipant(s): | | | | |
|--|-------------------------------------|--|---|--------------------------------------|----------|------------------------|
| Birthday Date(s): | | Age(s): | Contact F | erson: | | |
| Address: | | | | | | |
| City: | Zip: | Email: | | | | |
| Phone #: | | Best Way | to Contact (Circle | e): Phone | or | Email |
| Circle: Field House Me | mber or | Non Field House | Member | | | |
| What level are participant | (s): | | | | | |
| Additional Notes on Skill | Level: | | | | | |
| Special Accommodations: | | | | | | |
| What are some of your sw | imming goals: _ | | | | | |
| Private Lessons I have read and understand t be returned to you when an i within a week from receiving Participant/Parent Signat | nstructor has been the request form | rocess and policies f on found to confirm | or private swim les a start date. You wi he night of your fir | son registration ll hear from the | 9 MHS Fi | email will eldhouse |
| | | quatics Manage | | | | |
| Instructor Scheduled: | | Swim Lesson: | | | | |
| Lesson #1 | Lesson #2 | Lesson #3 | Lesson #4 | Makeup Less | on Date | s: |

Informed Consent Waiver and Release of Liability

Assumption of Risks: Physical activity carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The Menomonie High School Field House provides for activities such as weight lifting, running, swimming and diving, aerobic activities, classes, and other sporting activities. These activities involve strenuous exertions of strength using various muscle groups, quick movements using speed and change of direction, and sustained physical activity that places stress on the cardiovascular system. The specific risks vary from one activity to another, but the risks range from minor injuries such as scratches, bruises, and sprains; major injuries such as broken or fractured bones, eye injuries or loss of sight, joint or back injuries, heart attacks, and concussions; and catastrophic injuries including paralysis and death.

I understand and am aware that strength, feasibility, and aerobic exercise, including the use of equipment, are potentially hazardous activities. I also understand that fitness activities involve a risk of injury and even death. I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death.

Release of Liability: In consideration of gaining membership or being allowed to participate in the activities and programs of the Menomonie High School Field House and to use its facilities, equipment, and machinery in addition to the payment of any fee or charge and to waive, release and forever discharge Menomonie High School Field House and its officers, agents, employees, representatives, executors, and all others from any and all responsibilities or liability for injuries or damages resulting from my participation in any activities or my use of equipment or machinery in the facilities mentioned above or arising out of my participation in any activities as said facility. I do also hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf or in any way arising out of or connected with my participation in any activities or the use of any equipment.

Media Waiver: At various times, the MHS Field House will be taking digital images, photographs, and/or videos of participants for educational, promotional, and informational purposes for the use in department related print materials and the web. When/if the participant's likeness or image is used in a publication, there will be no identifying information provided (i.e. name, personal information). By signing this document you give permission for the use of any images, photographs, or videos taken.

Acknowledgement of Understanding: By signing this form for myself and any minor children listed below, I am stating that I have read this Agreement, fully understand its terms, and understand that it affects those legal rights. I am signing this Agreement knowingly and voluntarily, and intend for it to be a complete and unconditional release of liability to the greatest extent allowed by law.

I have had the opportunity to ask questions. Any questions that I have asked have been answered to my complete satisfaction. I subjectively understand the risks of my participation, and knowing and appreciating these risks, I voluntarily choose to participate, assuming all risks of injury or even death due to my participation.

| | Particip | oant/Leg | al Guard | ian Signature: |
|--|----------|----------|----------|----------------|
|--|----------|----------|----------|----------------|

Please return to: MHS Field House - 1715 5th West – Menomonie WI 54751 – South Entrance Door #25 – <u>mhsfieldhouse@msd.k12.wi.us</u>